

TAKE 5 MINUTES TO SET UP YOUR WORK SPACE

It only takes a moment to make sure you're sitting comfortably and safely



Problems?

If you're having trouble adjusting your desk furniture,

Email: facilities@rnli.org.uk

Email: safety@rnli.org.uk



Lifeboats

The RNLI is the charity that saves lives at sea

Royal National Lifeboat Institution, a charity registered in England and Wales (209603) and Scotland (SC037736). Registered charity number 2000332 6 in the Republic of Ireland